

You deserve nonjudgmental medical care and should not have to censor your history or avoid an appointment.



National Coalition for Sexual Freedom
General Information Line: 602-851-1590
ncsfreedom@ncsfreedom.org
www.ncsfreedom.org

- Disclose if you have any marks due to consensual BDSM and state that **YOU ENJOY IT, KNOW HOW TO DO IT SAFELY**, and **CAN STOP AT ANY TIME**.

- Provide the vital information about your medical problem(s), not about your kink, sexual or relationship practices.

- Inform your provider that the American Psychiatric Association **does not consider** consensual sadism, masochism, cross-dressing and fetishes to be mental disorders in the DSM-5-TR (2022).

**SCAN FOR
PROFESSIONAL
RESOURCES**

